



JH Monthly October 2019

Chapter Meeting Fourth Sunday

Jefferson Unitarian Church
14350 W. 32nd Avenue, Golden

Sunday October 27, 2019 at 4 p.m.

Addiction in a Secular World by Rev. Ruth Rinehart

Hosted by Matthew Elisha and two others

Pages

In This Issue

1. Chapter Meeting October
2. Monthly Hikes October & November
3. Humanists Helping Humanity—Grocery Packing. Also, Movie Night—The Goonies
4. Humanists Helping Humanity—Recent and Upcoming Events
5. FROG Book Group
6. Art, Science, Cultural Outing (ASC) October Boulder
7. 4 H Happy Hour
8. Humanist Perspectives—Hail Satan Film
9. Humanist Moment and September Review of ASC Clyfford Still Museum
10. Review September Chapter Meeting Jim Van Pelt
11. Jefferson Humanists Leadership and Welcome New Members
12. Humanists Birthdays and Game Time

Unitarian Universalist minister, Ruth Rinehart will provide a brief historical overview of how addictions have been understood in the US.. While the history of addiction treatment has been dominated by the 12-step approach for decades, the bio-psycho-pharmaceutical approach now combines with the 12 steps as a preferred solution. The harm reduction movement has brought us the often-disconcerting concept that the opposition of addiction might not be abstinence or sobriety, but the opposite of connection, more connection. Rinehart will also discuss the rising development of non-religious approaches, teasing out what works without a supernatural god, looking at individual vs cultural solutions. What to do? There's not one answer.



Rev Ruth Rinehart

Rev. Ruth Rinehart called to a unique addiction's ministry. Believing that we heal in community, she is founder and Executive Director of JUUST Living, a new sober living intentional community in Lakewood. She tells people all that time that while JUUST Living is a faith-based initiative, it is a "no conversion zone." Rinehart says of herself: "I have been sober for 40 years and entered seminary in 2012 as a typical 12 step theist. I graduated Iliff School of Theology as an atheist, and now identify as a Religious Humanist".

Appetizers from 4:00 to 4:30, then the program. A small donation is suggested for the food and wine. The program will include announcements and a Humanist Moment before the presentation begins. We hope to see you at 4:00 pm, on Sunday, October 27th ▲

*Jefferson County Colorado Chapter of the American
Humanist Association (AHA)*

JeffersonHumanists.org

Monthly Hike 1st Saturday | October 5, 2019, 3:00 p.m.

Farmer's Highline Canal

By Nancy Bolt

We will walk from Simms Street to Kipling along the canal, walk south on Kipling a short distance, and return on the south side of Croke Canal. This hike is about 2.5 miles and should take about 90 minutes. It is flat and beautiful, and we cross the railroad tracks three times. Those wanting to hike a little more can take a short hike along Church Ditch.



Drive and meet at the corner of West 76th Drive and Simms Street. Nancy and Bob will lead the group to the trailhead.



Following the hike, we will head to Olde Chicago at 8711 Wadsworth Blvd. for refreshments. <https://www.meetup.com/JeffcoHumanists/events/264915543/> ▲

Plan Ahead Last Monthly Hike

Saturday November 2, 2019, 10 a.m.

Dinosaur Ridge, Morrison

Host Tom Kellogg

If you like walking and enjoying the splendor of nature, we invite you to join us for our monthly nature hike. It is a great chance to get some exercise while enjoying the company of your fellow humanists.

This, the last hike of the season will be a fairly easy walk under two miles with some elevation change at Dinosaur Ridge. We will start at the Discovery Center on the west side of the ridge, and walk to the dinosaur footprints and back along the paved path, stopping to see dinosaur bones and fossils along the way.



After the hike, we'll head down to Morrison for lunch. There are a lot of good restaurants. Any suggestions?

For map and directions. <https://www.meetup.com/JeffcoHumanists/events/265233221/> For other information or question call or email Tom Kellogg. 720-808-2825 or kellogg52@gmail.com.

Bring a water bottle, good walking shoes, sunscreen, and a hat. Be prepared for any weather. <http://dinoridge.org/explore-dinosaur-ridge/dinosaur-ridge-trail/> ▲

Humanists Helping Humanity

Grocery Packing October 5 from 9 a.m. till 12 p.m.

Carole Hughes

Humanists Helping Humanity, the social responsibility group of the Jefferson Humanists, will be packing groceries on October 5 from 9:00 to Noon.

Join us at a food pantry warehouse in north Lakewood, where we'll be packing grocery boxes for distribution to low-income residents of Jefferson County. We can use 20 volunteers for this effort. Children welcome. Address details provided upon RSVP to Carole Hughes.

RSVP by September 27th to Carole at HHH@jeffersonhumanists.org



Movie Night 6:00 - 8:00 pm

2nd Friday | October 11

The Goonies

Hosted by Robert and Charla

Please join us for our Halloween themed JH Movie Night, where we'll be showing...

The Goonies (rated PG, 1985. Run time: 1 hour, 54 minutes).

Doors open at 6:00 and the movie starts right at 6:30.

Stay for discussion afterward. Popcorn, snacks, drinks and candy will be served.

Donations are accepted. You are more than welcome to bring a comfy chair or cushion. This, old-fashioned yarn about a band of adventurous kids who take on the might of a property developing company which plans to destroy their home to build a country club.



When the children discover an old pirate map in the attic, they follow it into an underground cavern in search of lost treasure but come up against plenty of dangerous obstacles

along the way.

RSVP so we'll have treats for all. <https://www.meetup.com/JeffcoHumanists/>

[events/265112794/](https://www.meetup.com/JeffcoHumanists/events/265112794/)

Click here to see the official trailer:

<https://www.youtube.com/watch?v=hJ2j4oWdQtU>

Note: Movie Night at Jefferson Unitarian Church in the main building at room R/7. ▲



Humanists Helping Humanity

Recent Actions and Upcoming Events

Directed by Carole Hughes

RECENT ACTIONS:

August 25: Chapter Meeting: Clothing Drive for Jeffco Schools Foundation

Thank you to those generous JH members who brought in new and gently used children's clothing to be donated to the Jeffco Schools Foundation for distribution to low-income school children.

- September 14: Sewing/Knitting to Keep Jefferson County Warm

A small group gathered to sew children's hats to donate to The Action Center. Although we completed an impressive stack of fleece hats after a few hours, we resolved to meet again soon to add to the pile of cool weather accessories.

- September 22: Chapter Meeting: Sock Drive for The Action Center

Jefferson Humanists filled a few bags with new socks to be donated to The Action Center, where the JH donations will be added to those that The Action Center is collecting in an effort to break a Guinness World Record.

⇒ OCTOBER DRIVE: SLEEPING BAGS, BLANKETS AND TENTS

In October, Humanists Helping Humanity is collecting used sleeping bags, blankets and tents to be donated to The Action Center. For people living in their cars, staying on a friend's floor or sleeping out in the elements, these items are critical sources of warmth and shelter. Do you have camping equipment such as sleeping bags or tents that you're unlikely to need? More blankets than you'll use? Please drop these off at the October 27 Chapter Meeting.

We're still collecting personal hygiene items for The Action Center, too, so please bring any of these items if you've something to donate.

⇒ UPCOMING EVENTS:

- October 20: Sewing or Knitting to Keep Jefferson County Warm

If you like to sew or knit or crochet, consider spending a few hours making items to donate to The Action Center's clothing bank. We'll be sewing fleece children's hats or similar items. We're gathering again at Roberta Larson's in Wheat Ridge on Sunday October 20 from 10 a.m. until 2:00 p.m. (or later if we find we want to continue longer.) We will have fleece and a few sewing machines, though you can bring your own machine if you'd prefer. Or bring your crochet or knitting project and materials. Bring your lunch. Coffee and dessert will be provided.



Jo Roberts and Roberta Larson

Contact Roberta at robertalarson@mac.com or call her at 720-459-1916 with questions. RSVP by October 15 to let Roberta know that you are coming.

Please pass on to Carole Hughes any suggestions or comments about Humanists Helping Humanity. Email her at HHH@jeffersonhumanists.org ▲



FROG Book Group

Topic: | SUNDAY, October 13th | 3:00-5:00 p.m.

By Helena Goldstein

Join the Jefferson Humanists' book group, FROG (Freethinkers Reading Opportunity Group) for our October meeting.

This month we are exploring a topic- The Role of Feminism in Humanism. Read a relevant book or article, or watch a movie or YouTube video, and come prepared to discuss what you, and others, have learned.

Click this link for reading suggestions and a helpful glossary of terms to help in our discussion: <https://www.jeffersonhumanists.org/suggestions-for-october-frog-meeting/>

We will be meeting SUNDAY October 13 from 3:00 to 5:00 PM in the meeting room at the Lakewood Public Library. The library is located at 10200 W 20th Ave in Lakewood, just 3 blocks West of Kipling.



Please RSVP to this Meetup.

<https://www.meetup.com/JeffcoHumanists/events/263320749/>

After the meeting join us at Mountain Tap Bar & Grill, just a few blocks away in the Applegrove Shopping Center at 1901 Youngfield St, Golden

80401, to continue the conversation over a beverage. <http://www.mountaintap.com>.

Email FROG leader, Helena Goldstein at frog@jeffersonhumanists.org if you would like some reading or viewing suggestions.

Looking ahead, the following meetings will be:

- November 9: "The Newcomers: Finding Refuge, Friendship and Hope in an American Classroom" by Helen Thorpe, Lakewood Library 2-4PM.
- December 14: "Unsheltered" by Barbara Kingsolver, location to be announced. ▲



In September, FROG discussed *The Way of the Heathen: Practicing Atheism in Everyday Life*, by Greta Christina. Quite a few attended, as this is relevant to help answer believer's questions.

"What difference does it make if religion is true? Religion makes people happy. It gives comfort in troubling times. It offers a sense of purpose. It lets people tolerate the idea of death. If it's useful, who cares if it's true?" Her answer is that we should live in reality, with reality being defined as scientific and evidence-based. Furthermore, we have a moral obligation to seek and find this reality, and by living in it, our world becomes bigger. This includes stopping and smelling the roses, which helps us discover just how big and marvelous this world is. It also gives us the freedom to create our own meaning and gives us motivation to live this short life to the fullest. ▲





Matthew Elisha

Art, Science and Cultural Outing
The Coddling of the American Mind, Jonathan Haidt
Tuesday, October 15
Time: 5:30 p.m. to 7:00 p.m.
Hosted by Matthew Elisha

In October, we will travel to Boulder to enjoy "*The Coddling of the American Mind: An Evening with Jonathan Haidt*," sponsored by the Benson Center for the Study of Western Civilization at the University of Colorado Boulder.

Something has been going wrong on many college campuses in the last few years. Speakers are shouted down. Students and professors say they are walking on eggshells and are afraid to speak honestly. Rates of anxiety, depression and suicide are rising. How did this happen?

Eminent social psychologist Jonathan Haidt thinks the new problems on campus have their origins in three terrible ideas that have become increasingly woven into American childhood and education—ideas that are making it harder and harder for students to become autonomous adults who are able to navigate the bumpy road of life.

In this free, riveting lecture drawing from his New York Times bestselling book, Haidt will investigate



Eminent social psychologist Jonathan Haidt

the many social trends that have intersected to promote the spread of these untruths.

Find out more about this talk at [https://](https://www.colorado.edu/center/benson/2019/09/16/coddling-american-mind-evening-jonathan-haidt)

www.colorado.edu/center/benson/2019/09/16/coddling-american-mind-evening-jonathan-haidt.

TO ENSURE YOUR SEATS, REGISTER TO ATTEND at [https://www.eventbrite.com/e/the-coddling-of-the-american-mind-an-evening-with-jonathan-haidt-tickets-72448588679?](https://www.eventbrite.com/e/the-coddling-of-the-american-mind-an-evening-with-jonathan-haidt-tickets-72448588679?aff=ebdssbdestsearch)

[aff=ebdssbdestsearch](https://www.eventbrite.com/e/the-coddling-of-the-american-mind-an-evening-with-jonathan-haidt-tickets-72448588679?aff=ebdssbdestsearch)

PLEASE RSVP TO THIS MEETUP <https://www.jeffersonhumanists.org/project/art-science-cultural-outing-the-coddling-of-the-american-mind-oct-15-2019/> OR BY EMAIL SO WE CAN SAVE ENOUGH SEATS TOGETHER.

After visiting the museum, we'll go to Dark Horse Bar nearby for a libation. (<http://darkhorsebar.com/>; 2922 Baseline Road)

Questions? Contact Matthew Elisha president@jeffersonhumanists.org, cell: (303) 898-5412 ▲

It only takes twenty generations of selective breeding to create large differences or appearance and behavior in other mammals.

~ Jonathan Haidt

"The unfortunate thing about this world is that good habits are so much easier to give up than bad ones." ~ Somerset Maugham

Humanist Heathen Happy Hour (4H) | October 16

Kline's Beer Hall in Olde Town Arvada

Hosts David Smith

We're going back to a place we love this month, Kline's is a favorite. Craft Taps and good food. They are passionate about beer with over 58 craft beer varieties, house-made sausages and savory dishes. What more could you want?

The Jefferson Humanists welcome you to come join fellow Humanists and Heathens for drinks, dinner and unique conversations, every 3rd Wednesday of the month at 6:00 pm. We'll try new places and go back to our favorites. Don't worry if you're running late, this is a casual event.

Kline's Beer Hall in Olde Town Arvada

Inspired by Adrian Klein who received the first beer license of Arvada, Colorado in 1933, Kline's Beer Hall is a locally and independently owned restaurant and taproom. Focusing on the proper service of craft beer paired with our house-made European food, we are truly driven to provide our Olde Town Arvada community, a place of comfort.



Drool over the menu here. <https://klinesbeerhall.com/>

Join us for fun Wednesday, October 16 at 6:00 p.m.
7519 Grandview Ave. Arvada, CO

<https://www.meetup.com/JeffcoHumanists/events/265234490/> ▲

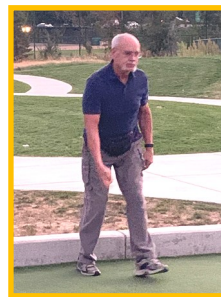
Humanist Heathen Happy Hour (4H)

September | Review

Bocce Ball Party/Picnic



Ralph suggested a venue change that David and Tom agreed on; a Bocce Ball Party at Tanglewood Park in Golden. What a splendid idea. For some, who played bocce ball for the first time it was a real contest. Our experts were Ralph and Carole. With Carol, Carole, & Ralph, Debbie & Jim, Julia, David, Tom and more. ▲



Keep in touch.

RSVP, attend and keep up with all functions and activities on our Meetup page.

<https://www.meetup.com/JeffcoHumanists/>

Humanist Perspectives | Saturday, October 19

10:00 a.m. — 12:00 p.m.

A New Documentary from the Satanic Temple

Hosted by Jim Bole and Tom Kellogg



Warning: This film is rated R and shows frontal nudity.

Hail Satan? is a powerful new documentary that is getting rave reviews. It is perfect for Halloween time and focuses on the Satanic Temple, founded by Lucien Greaves, a group of Freethinkers and Humanists who practice an interesting form of Satanism that includes satanic rituals. It starts out a little weird but eventually gets into an interesting political battle. One of their missions is to push religion out of public and government places. When a state capital puts up a statue of the 10 Commandments on public property, the Satanic Temple demands that their statue of Baphomet, a demonic creature also be put up next to it because all religions should be represented equally. The goal is to get the 10 Commandments statue removed.

After School Satan Club is a wholesome program for kids in public schools that has nothing whatsoever to do with religion or Satan. Its purpose is to drive out "The Good News Club" from public schools, a hideous religious after school program.

Wear your best demon Costume. Halloween treats and beverages will be served.

See the official trailer at <https://www.youtube.com/watch?v=27RtJp-rhHk> and reviews of the documentary at https://www.rottentomatoes.com/m/hail_satan.

We meet in the Mills Building behind JUC. Park on the east side and take the walkway between the buildings to the side entrance. RSVP: <https://www.meetup.com/JeffcoHumanists/events/264362584/>

The Jefferson Humanists Chapter of the American Humanist Association is very pleased to offer a regular explorations series on 3rd Saturdays, 10 a.m.-12 p.m., at Jefferson Unitarian Church (JUC). Each session will be slightly different and include several segments to showcase aspects of Humanism through a presentation, videos, movies, forums and explorations, followed by discussions. We will include time for participants to socialize and get acquainted, in keeping with our chapter goal of building community. Breakfast pastries and beverages will be served. ▲

Preceding October 27 Chapter Meeting, Terry Kirkham will speak for the Humanist Moment

Have you or a family member been diagnosed autistic or Asperger's spectrum?

Click here to: [Brush up on Exploring Autism before the meeting](#)

Autism! [What didn't you realize would be an unintended consequence of being an engineer?](#)



The Jefferson Humanists' mission is to expand an ethical and life-affirming Humanist Community devoted to science, reason, inclusion and social responsibility. Through community building, lectures and social activism we expand our members' awareness, gain an understanding of the issues facing the world and provide learning opportunities through guest speakers on a variety of topics.



Art, Science and Cultural Outing The Clyfford Still Museum September | Review



Carol, Tracy (in phone booth) and Linda

Clifford Still was an American painter, and one of the leading figures in the first generation of Abstract Expressionists, who developed a new, powerful approach to painting in the years immediately following World War II.

https://en.wikipedia.org/wiki/Clifford_Still

2019 Biennial of the

Americas Empathy In Action opened many free venues around Denver to teach appreciation of various art forms. Jefferson Humanists took advantage of the free guided tour learning not to interpret what the artist meant but to



feel how that art expressed itself to us. We formed groups interacting with each other on our feelings.



Afterwards we enjoyed some British food along with British and Scottish Cask Conditioned Ale just across the street at Pints Pub. Thank you Matthew Elisha for arranging this outing. ▲

September Jefferson Humanists Program | *Review*

“Writing Fiction in a Credulous World,” with Jim Van Pelt

Van Pelt entertained the Jefferson Humanist program attendees by describing where he gets his stories and why people read stories, science fiction or otherwise. He said a nonfiction book by Ray Bradbury states that the way to learn to write is to compose a story a week for a month. Van Pelt took up the challenge and wrote one story a week for a year.



At the beginning of each week, he started with whatever “dumb” idea he had. By the middle of the week he was interested in the story and wondering how he could move it forward and make it interesting to readers.

By the end of the year, he had sold 40 of the 52 stories that he wrote.

His “dumb” ideas reflect the human condition; people connect with the “spark of integrity” in the story, even if it’s science fiction and thus outside of the realm of reality.

Van Pelt learned several lessons from his year-long exercise. First, writers seem to “open their brains” to reveal part of themselves, even if the story wasn’t designed to be autobiographical. (He said his sister, who was in the audience, sometimes called him on stories that were more autobiographical than he intended.)

Second, he said there are two kinds of writers: “pantsers,” who writing by the seat of their pants, start writing and don’t know for sure how the story will end, and, plotters, who start each story with a detailed outline. Van Pelt said he is a “pantser.”

Third, he learned that writers can add chronology and details later to make the story more effective.



Last, though people say to write about what you know, Van Pelt says to write about what you think about. Readers ask him if he has actually done some of the scary things he writes about; he tells them no, but he’s thought about them. That scares them just as much!

Van Pelt said people enjoy stories when they can suspend their disbelief. “For a story to work, the audience has to, on some level, pretend that the events are really happening, that the characters are real, and that the stakes matter.” A reader of fiction

also has to have empathy for the characters.



Host Nancy Bolt with Jim Van Pelt

He concluded on a personal note. “I love that as an adult I haven’t lost my passion for science fiction and fantasy,” Van Pelt said.

“This is no small deal, either. When I was in junior high, a teacher told me I’d outgrow science fiction. It was the grimmest thing a grownup ever said to me.”

As a reader of Van Pelt’s work, I’m happy he never outgrew science fiction. ▲

By Nancy Bolt

Keep in touch.

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<https://www.meetup.com/JeffcoHumanists/>

2019 Jefferson Humanists Leadership

President: Matthew Elisha	President@jeffersonhumanists.org
Vice President: Jim Bole	Vicepresident@jeffersonhumanists.org
Treasurer: Dan Green	Treasurer@jeffersonhumanists.org
Secretary: Open. Terry Kirkham, Recorder	Secretary@jeffersonhumanists.org
IT Committee Chair: Nancy Bolt	ITChair@jeffersonhumanists.org
Webmaster: Terry Kirkham	Webmaster@jeffersonhumanists.org
Humanists Helping Humanity (HHH): Carole Hughes	HHH@jeffersonhumanists.org
Book Discussion Leader: Helena Goldstein	Frog@jeffersonhumanists.org
Program Committee Chair: Nancy Bolt, Ralph Hughes and Bob Hofmann	Program@jeffersonhumanists.org
Humanist Perspectives: Jim Bole and Tom Kellogg	
Humanist Heathen Happy Hour (4H): Tom Kellogg and David V. Smith	
Movie Night: Charla Bryant and Robert Kellogg	
Board Advisor: Bruce Vincent	Bruce@vincentco.com
Newsletter Editor: Carol Wilson	Newsletter@jeffersonhumanists.org
Directors: Ralph Hughes, Tom Kellogg, Roberta Larson, Edna Miller, Pat Nickel and David Smith	Director@jeffersonhumanists.org

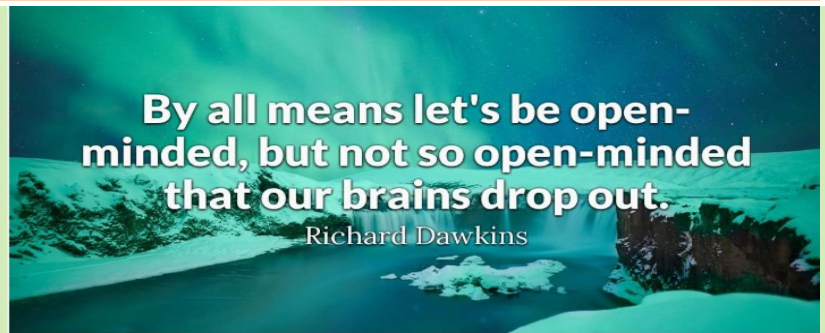


Welcome New Members to Jefferson Humanists

- Justin and Susie Martinez susiegrepper@gmail.com

Faith is the great cop-out, the great excuse to evade the need to think and evaluate evidence. Faith is belief in spite of, even perhaps because of, the lack of evidence.

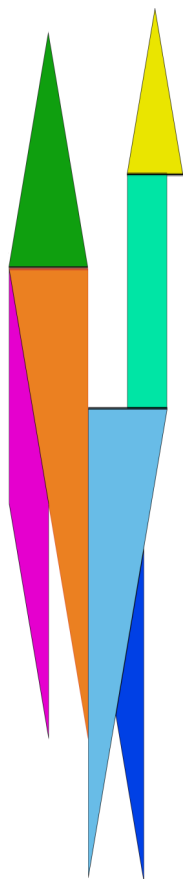
~Richard Dawkins



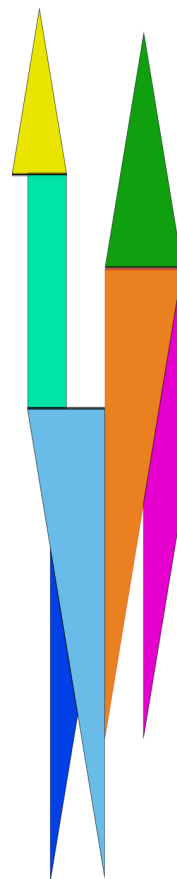
Dear Church, Here's Why People Are Leaving. This attrition is likely irreversible and here's why:
 "Your silence right now is the last straw for them. They've been waiting for you to oppose the separation of families,
 to declare the value of Black lives,
 to loudly defend LGBTQ people,
 to stand alongside your Muslims brothers and sisters,
 to denounce the degradation of the planet—,
 to say with absolute clarity what you stand for and what you will not abide.
 And you have kept them waiting too long." ~John Pavlovitz, *Things Need to be Said*.

Happy Birthday to October Humanists

Click on a name for more information



Gore Vidal	Writer, essayist, screenwriter, political activist. Honorary AHA president from 2009 – 2012
John Dewey	Philosopher, psychologist, educational reformer, signer of Humanist Manifesto, named Humanist Pioneer by AHA in 1954
John Kenneth Galbraith	Economist, diplomat, leading proponent of American Liberalism. AHA Humanist of the Year 1985
Jonas Salk	Medical researcher, virologist, developer of first successful polio vaccines. AHA Humanist of the Year 1976
Neil DeGrasse Tyson	Astronomer, astrophysicist, author, TV host. AHA Isaac Asimov Science Award winner 2009
Niels Bohr	Physicist, Nobel Prize winner
Philip Pullman	Novelist of The Good Man Jesus and the Scoundrel Christ & The Golden Compass. AHA Intl Humanist Award winner 2008
Seth MacFarlane	Actor, writer, filmmaker, singer. Harvard Humanist of the Year 2011
Julia Sweeney	Former SNL cast member, Writer/actor of monologue "God said Ha!" and Letting Go of God; On advisory councils of FRFF and Secular Coalition of America



**4th Friday 4:00 p.m. to 6:00 p.m.
October 25**

Jefferson Humanists Game Time

Hosted by Darlene

This month the fun starts when you get there.

Game Night will be October 25 at Starbucks Coffee Shop at Barnes & Noble in the Denver West Shopping Center.

Address: 14347 West Colfax Avenue, Golden 80401. It is on the north side of Colfax, between Denver West Colorado Mills Parkway and Indiana Street, next door to Whole Foods. The Starbucks bar has coffee and other hot and cold drinks plus various snacks available for the usual prices. Look for the Jefferson Humanists sign on the table. ▲

